



The MetroHealth Spring Symposium: *A Roundtable Discussion with Medical Experts Presented by the Advanced Practice Provider Council at MetroHealth*
Friday, May 8, 2026
Scott Auditorium

7:15 AM	Registration & Breakfast
7:45 AM	Opening Remarks and Presentation of the APP Spring Grant Winners
8:00 AM	Obstructive Sleep Apnea Dania Saleh, PA-C, ENT John Carter, MD, Sleep Medicine James Ramson, APRN-CNP, Cardiology
9:15 AM	Pediatric Diabetes and Kidney Disease Barbara Lightner, APRN-CNP, Pediatrics Ajuah Davis, MD, Pediatrics Endocrinology Holly Babura, APRN-CNP, Nephrology
10:30 AM	Break for Vendors / Poster Session
11:00 AM	Spine Diagnosis and Treatments Brooke Ekers, PA-C, Neurosurgery David Ben-Israel, MD, Neurosurgery Toni Wilcox, APRN-CNP, PM&R / Pain Management
12:15 PM	Lunch / Vendor Visit
1:30 PM	Case Presentations Jennifer Richardson, PA-C, Trauma Surgery/EGS Tina Corkwell, APRN-CNP, Gastroenterology Clairissa Rodriguez, APRN-CNP, Neuro Critical Care
2:30 PM	Break for Vendors / Poster Session
3:00 PM	Mental Health for APPs, Burnout, and Self Care Anastasia Webb, MA, LPCCS, LICDC, CEAP, Director of Employee Assistance Program & Wellness Lori-Anne Schulte-Laird, DNP, APRN-CNP, Psychiatry Lisa Ramirez, PhD, Psychology Angela Smith, APRN-CNP, Psychiatry / Addiction Medicine
4:15 PM	Closing Remarks & Evaluation

Times and order are subject to change

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